

Meeting 1

Take a few minutes to catch up and introduce yourselves to each other	3 mins
Ice breaker question "What's one thing you're grateful for this week?"	3 mins
Read these verses through a couple of times "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." – Philippians 4:6-7 Take a few minutes to discuss what these verses say about prayer	5 mins
Prayer requests - What are things that you would like the triplet to pray about? - What from the Bible passage do you believe God would want you to pray about? - Please pray for the following church mission partners and ministries - o Christian Unions Ireland - o Tearfund - o Search for a new associate pastor at SBC - o Our kids club on Wednesday evenings at SBC - Pray for our world and what is going on in it in these days	3 mins
Pray	15 mins
Close and agree date and time for next meet up	1 min